

Clinical Behavioural Sciences Graduate Diploma Frequently Asked Questions

Can International students apply?

We do not accept international students into our program. International students are not eligible to take our CBT level 2 and 3 courses as students in those courses need to be registered health professionals in Ontario. Our program is designed to provide people with advanced training in certain types of psychotherapy for people who are already health professionals (e.g., social worker, occupational therapist, registered therapist), it is not providing anyone with foundational skills/credentials to become a health care professional.

What is the difference between the Post Degree and Diploma streams?

If you are interested in taking all 3 of the CBT courses – you can apply for the diploma stream. If you are interested in taking just one course – you can apply for the post degree.

Please note that if you are in doubt, we would recommend that you apply for the diploma stream as each stream has a separate application process and we are unable to offer transfers between streams.

How can I find out if I am eligible to take CBS 721 and CBS 722?

To be eligible to take CBS 721 (Advanced CBT) and CBS 722a/b (Consultation in CBT) you must be a registered health professional with one of the following regulatory colleges in Ontario:

- The [Ontario College of Social Workers and Social Service Workers](#)
- The [College of Nurses of Ontario](#)
- The [College of Occupational Therapists of Ontario](#)
- The [College of Physicians and Surgeons of Ontario](#)
- The [College of Psychologists of Ontario](#) (title: Psychologist; Psychological Associate)
- The [College of Registered Psychotherapists of Ontario](#) (Title: Registered Psychotherapist)

The CBT 721 and CBT 722 courses involve the provision of psychotherapy to clients, and therefore, only students who are able to perform the *Controlled Act of Psychotherapy* as a member of one of their regulatory colleges will be eligible to take these courses.

The controlled act of psychotherapy as defined by the Regulated Health Professions Act (RHPA; <https://www.ontario.ca/laws/statute/91r18>) is as follows:

Treating, by means of psychotherapy technique, delivered through a therapeutic relationship, an individual's serious disorder of thought, cognition, mood, emotional regulation, perception, or memory that may seriously impair the individual's judgement, insight, behaviour, communication or social functioning.