

# CBS Course Offerings

We are planning on offering the below courses for the 2023-2024 academic year.

## Fall 2023

CBS 715 – *Introduction to Applied Behavioural Analysis and Therapy*  
Mondays from 5 – 8pm - In Person

CBS 718 – *Introduction Acceptance and Commitment Therapy*  
Tuesdays from 5:30 – 8:30pm - Hybrid

CBS 720 – *Introduction to Cognitive Behaviour Therapy*  
Wednesdays from 2 – 5pm - Online

CBS 750 – *Introduction to Group Therapy*  
Tuesdays from 4 - 7pm - In Person

## Winter 2024

CBS 708 – *Mindfulness Applications*  
Tuesdays from 2:30 - 5:30pm - Online

CBS 720 – *Introduction to Cognitive Behaviour Therapy*  
Wednesdays from 2 – 5pm - Online

CBS 721 – *Advanced Cognitive Behaviour Therapy\**

CBS 726 – *Introduction to Post Traumatic Stress Disorders*  
Tuesdays from 1 - 4pm - In Person

CBS 722A/B – *Consultation in Cognitive Behaviour Therapy\**

CBS 730 – *Introduction to Family Concepts*  
Thursdays from 2 – 5pm - Online

\*Enrollment in CBS 721 and 722A/B is limited to students who are able to perform the *Controlled Act of Psychotherapy* and therefore must be a registered Health Care Professional with an approved regulatory college in Ontario. Prior approval from the CBS Program Office is required in order to register for these courses.