



Albina Veltman, MD, FRCPC



HEALTH SCIENCES
Psychiatry & Behavioural
Neurosciences

Research Work

Dr. Albina Veltman is an Associate Professor at McMaster University in the Department of Psychiatry & Behavioural Neurosciences. From 2013-2016, she served as the Inaugural Chair of Diversity & Engagement for the Undergraduate Medical Education Program at McMaster. Dr. Veltman's clinical work focuses on traditionally marginalized populations, including people with severe and persistent mental illness, people with developmental disabilities, and people who identify as lesbian, gay, bisexual, transgender and/or queer (LGBTQ). Her research interests include social justice and diversity-related issues in healthcare education, LGBTQ health, and grief in healthcare workers. She is a frequent speaker at national and international workshops and conferences on topics related to social justice, diversity and LGBTQ health. Dr. Veltman is the lead author on the Canadian Psychiatric Association's first position paper on the provision of mental health care for LGBTQ-identified individuals (published in 2014). She has been the recipient of numerous awards and grants, including the 2013 McMaster University Department of Psychiatry Undergraduate Educator Award, a 2014 AMS Phoenix Project Call to Caring Grant, and the 2015 Distinguished Service Award from the Association of Gay & Lesbian Psychiatrists.

Current Research Projects Include:

- Queer, Queering, Questioning Project (QQQ Project): Funded by AMS Phoenix Project Call to Caring Grant (with matched funding from Department of Psychiatry and the Undergraduate MD Program). Qualitative data was collected through focus groups and individual interviews with 3 key informant groups: 1. Healthcare provider champions of LGBTQ health; 2. Healthcare provider allies; 3. LGBTQ-identified patients. Data collection has been completed and the first video-based educational module has been created for use in healthcare educational programs. Opportunities exist for participation in further data analysis as well as the creation of additional video-based educational modules.
- When the Caregiver is Grieving: Grief and Loss in ACT Teams Project (Grief Project): Funded by a Departmental Scholarship & Innovation Grant. This project involved individual, semi-structured interview with ACT Team staff from various disciplines in several locations across Ontario. Interviews explored ACT Team members' experiences of the death of ACT Team patients. Qualitative analysis of the data is now required.

Engagement Opportunities

Introductory Level

- Literature review

Intermediate Level

- Assist with qualitative data analysis
- Write a section of a manuscript focused on a particular theme

Advanced Level

- Assist in the creation of a video-based educational module on a particular topic/theme identified in the data analysis
- Qualitative data analysis and writing up of manuscripts

If you are interested in learning more, please leave your contact information with the Research Office and/or contact Dr. Veltman at veltmaa@mcmaster.ca