



Karen Rowa, PhD, CPsych



HEALTH SCIENCES
Psychiatry & Behavioural
Neurosciences

Research Work

I study cognitive behavioural models and treatments of anxiety and related disorders. More specifically, I'm interested in treatment resistant obsessive compulsive disorder, understanding ownership and attachment in problematic hoarding, and the interpersonal consequences of safety behaviours in social anxiety disorder. I'm also generally interested in the efficacy of treatments offered at the ATRC and ways to improve treatment outcomes.

Engagement Opportunities

Introductory Level

- Assist with data entry (20 to 40 hrs)
- Cross-check accuracy of data entry (10 hrs)
- Literature review of relevant articles (20 hrs)
- Be trained as a confederate in ongoing research protocol (30 hrs)

Intermediate Level

- Recruit and run participants in a specific research project that includes cognitive screening measures and experimental task (80 hrs)

Advanced Level

- Data analysis of existing dataset (40 hrs)
- Assist in writing manuscript of existing dataset (50 hrs)

If you are interested in learning more, please leave your contact information with the Research Office and/or contact Karen Rowa (krowa@stjoes.ca).