

September 13, 2019

### *FROM THE DESK OF NICK KATES*

Our new academic year is well underway. We welcome our new **Psychology Residents** who have started at both Hamilton Health Sciences and St. Joes on September 1st and the **Department Leadership Program** kicked off on September 6th with 15 participants.

Our first **Department Meeting** of the academic year takes place next **Wednesday, September 18th** and I hope you will be able to join us as, amongst other things, we will go over our priorities for 2019-20 and our financial plan, as well as updates on research in the residency program, our plans for the orientation of new faculty, and the situation in PES.

Congratulations to the **Peter Boris Centre for Addictions Research** who will be celebrating their 5th anniversary on **Thursday, October 3rd** from Noon-1500 at the West 5th Auditorium beginning with Rounds at Noon, followed by a reception, refreshments, and poster session. **RSVP is required.**

And we're also started to update our website, partly to make it more consistent with the new University branding, but also to make it easier to read and navigate. More details about this will follow.

*Nick*

## *Save the Date!*

Peter Boris Centre for  
Addictions Research 5  
year celebration  
**October 3rd, 1200-  
1500, West 5th  
Auditorium**

DPBN Research &  
Scholarship Marketplace  
**October 16th - info**

Annual Education Day  
**November 27th**

**Department  
Calendar**

## Department News

### *Welcome to:*

The following **psychology residents** who have joined us at either Hamilton Health Sciences or St. Joseph's Hospital on September 2nd:

#### **Hamilton Health Sciences:**

Jessica Dalley, Joanna Zambrzycka, Rebecca Shine, Tiffany O'Connor, and Sheliza Ali.

#### **St. Joseph's Hospital:**

Alina Protopopescu, Aliza Friedman, Dylan Gatner, Katie Miller, Kyrsten Grimes, Melissa Parlar, Molly McCarthy, Nadia Al-Dajani, and Teresa Marin.

### **And to:**

**Jonathan Crowson** who has stepped into the Head of Service role for the Seniors Mental Health Program at St. Joes, taking over from Sharon Duff. Thanks to Sharon for all her contributions in this role.

### *Congratulations to:*

**Andrea Gonzalez** who is the recipient of a Tier 2 Canada Research Chair, a terrific achievement.

**Harriet MacMillan** who is the recipient of the Paul Steinhauer Award for 2019 from the Canadian Academy of Child and Adolescent Psychiatry for her exceptional advocacy for children, adolescents and their families at the regional, national, and international levels.

**The Offord Centre for Child Studies** who received a Certificate of Special Recognition from the Canadian Academy of Child and Adolescent Psychiatry. This award recognizes an organization or person who have made outstanding contributions and important leadership in the field of child and adolescent mental health.

**John Bradford** who was selected as a recipient of the Yochelson Visiting Professorship. The annual Yochelson Visiting Professorship and the Dr. Samuel and Kathryn Yochelson Lecture provide an opportunity for celebrating the forensic psychiatry program and promoting scholarship.



**And congratulations to** a number of our psychiatry residents who have recently married or will soon marry. They are: **Natalie Raso** (PGY4) and Stephen; **Tara Riddell** (PGY4) and Chad; **Sarah Payne** (PGY5) and Joey; and **Katy Ramsden** (PGY PGY4) and Sam.

### *Farewell to:*

**Brooke Luke**, who after 4 years, has left the Psychotherapy Program to take a new position in Education Services in the Medical Student and Resident Affairs Office at McMaster. Over the 4 years she was with us, Brooke did a superb job in organising and coordinating psychotherapy teaching. And we're very pleased that **Connie Boffa** will assume Brooke's former position on Thursday, September 19th. We wish them both well in their new positions.

## Media News



**Michael Amlung** (lead author) and **Randi McCabe** (co-author) whose study that found that individuals with many different psychiatric disorders have a higher tendency to choose small, immediate rewards over larger, delayed rewards was recently published in JAMA Psychiatry. [Full article](#). **Michael** also spoke to

CBC's **The National**, about the study and which was also aired on CBC Radio ONE stations and was interviewed by **The Spectator**.

In the APA's recent publication, *Supervision in Psychiatric Practice: Practical Approaches Across Venues and Providers* (Eds) De Golia & Corcoran, two chapters were written by members of our department. They are: **Joanna Jarecki**, **Susan McNair**, **Jennifer Ruzhynsky**, and **Pri Weeraskera** - *Modeling, Rehearsal and Feedback: A Simple Approach to Teaching Complex Skills*.

**Pri Weerasekera** - *Enhancing Learning in Supervision*

**Maiko Schneider** who presented his work on estradiol use in transgender women earlier this year at the 2019 Endocrine Society Conference in New Orleans. [Read more](#).

**James MacKillop** recently spoke to the **Toronto Star** about addictions to high-palatability

food, typically high-sugar, high-salt, and high-fat. James was also interviewed by The GrowthOP about a US study on college students who use cannabis as a sleeping aid.

## Research News

### *Congratulations to:*

**Margaret McKinnon** who received a Targeted Engagement Grant from National Defence for \$50,000 to study the gendered experience of deployment among Canadian service women and veterans.

## Education News



**Douglas Turkington** and **Helen Spencer** from Newcastle University UK will be presenting basic and advanced CBT-p skills for mental health professionals from **September 30th - October 2nd**. Registration is required. *St. Joes staff, physicians, and learners are eligible to receive a \$75/day discount.* Douglas Turkington is also presenting at **Department Rounds on October 2nd**.

## Competency Based Medical Education Update!

Our inaugural pgY1 **Transition to Discipline (TtD)** Stage of Training has finished up with good success.



Thank you to everyone who supervised & taught in TtD!

The pgY1s now begin the **Foundations of Discipline Stage of Training**, which runs to the end of pgY2.

Stage of Training	Foundations of Discipline		
pgY-Year	pgY-1	pgY-2	
Rotation Descriptions	GIM, Neuro, ER Med, FM, Ped Neuro, Addictions, ER Psych, Selective, Elective	General Acute Inpts	General Acute Outpts
Scholarly Work	Critical Appraisal & Present Psychiatric Literature		
Residents as Educators		Teaching to Pt/Family 2 Other Clinical Teaching Encounters	Teaching to Pt/Family
Longitud'nl Reqts	Addictions Log Developmental Disabilities Log		SPMI Log

For info on the Entrustable Professional Acts assessed during Foundations, check out:

\* the **Foundations Orientation Guide for Faculty & Senior Residents** (link to guide)

\* upcoming **CBME Newsflashes**

\* JoAnn's **Department Rounds on October 9, 2019**

Questions? Contact JoAnn Corey at [jcorey@stjoes.ca](mailto:jcorey@stjoes.ca)

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