



March 25, 2019

Registration for our first annual "Review Course in Psychiatry" is now open. Full details can be found below.

As part of our Indigenous mental health initiative, we are now planning for the first visits to the Kayanse Longhouse and Woodlands Cultural Centre on May 21st and June 20th, as well as allocating seats for our first two cultural safety training modules in June and July, with further visits and training following in the fall.

We will shortly be letting you know how to apply and will be including members of the department leadership team, all of our residents, and the leadership team for Indigenous mental health planning in one of the first two groups. Our goal is for everyone who wishes to participate in these events over the next 18 months.

*Nick Kates*

## Important Dates:

April 10-12, 2019

*13th Annual Risk & Recovery  
Forensic Conference*

Sheraton Hotel

*\*more info\**

May 1, 2019

*Department Research Day*

Mohawk College

*\*more info\**

May 8, 2019

*2019 Annual Jock Cleghorn  
Memorial Lecture*

*\*more info\**

[View the Department  
Calendar](#)

## Department News

### *Welcome to:*

The following faculty members who recently joined our Department, **Farhad Davoodi**, (former psychiatry resident) Assistant Clinical Professor (Adjunct), working at Homewood Health Centre and the Guelph General Hospital, and to **Beth Patterson**, Lecturer (Adjunct), who is the Director at the Centre for Anxiety, Attention Deficit and Trauma in Hamilton.

### *Congratulations to:*

**Andrew Olagunja**, a Fellow in Forensics, who was selected to participate in the APA Research Colloquium for Junior Investigators.

**Ana Hategan**, who led the development of a new wellness and resilience curriculum for our residents and, **Tara Riddell (PGY3)** who led the first extremely successful and well-attended session last week.

**Brooke Luke** and **Connie Boffa** (admin staff in the Psychotherapy



Program) who recently presented at the annual meeting of AADPRT (American Association of Directors of Psychiatric Residency Training) in San Diego on our Psychotherapy Training electronic Resource (PTeR).

And if you get a chance, please support the PES team, led by **Trish Murphy**, running in this weekend's Around the Bay Race. All the money they raise will be going to upgrades to PES and you can donate at **S JH Foundation**, click on 'search for a team' and then search *PES*. And good luck to everyone who is participating.

## Media News

**Flavio Kapczinski** spoke to *The Hamilton Spectator* about the recent partnership with the Pasteur Institute, McMaster University, and St. Joseph's Healthcare. This partnership will look at broad strategies for the treatment of depression.

**CBC Kit chener-W aterloo** spoke with **Margaret McKinnon** about her recent Catalyst grant award from CIHR aimed at studying a new form of treatment to help improve the quality of life for people suffering from PTSD.

**Ana Hategan** was featured in CAME for her article, *"The Anatomy of Scholarship in Medical Residency"*.

**Michael Van Ameringen** spoke to the *New York Times* about the use of CBD.

**Benicio Frey** spoke to *Global News* about PMS symptoms and whether they could be something more.



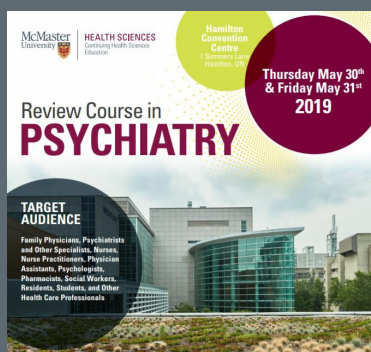
**Nick Kates**, along with a number of McMaster faculty were featured in the *Code Red Series: 10 years later* in the *Hamilton Spectator*. The series is a follow up to the Code Red Project started in 2010 to look at the impacts that social determinants of health have on residents living in Hamilton.

## GENDER EQUITY - Department Meeting | May 29th

We will be devoting the Department Meeting on May 29th to **Gender Equity and Diversity** in our department including obstacles and challenges that still face women choosing to pursue full time academic careers.

Sonia Anand has kindly agreed to introduce the topic, following which there will be a panel, discussion, audience discussion, and other ideas that are still being finalized. If you have any thoughts about how best to use this time, please contact **Margaret McKinnon**.

I am attaching an article from a recent addition of the *Lancet* which had 12 articles on this topic as well as something from the *Globe and Mail*.



**REGISTRATION IS NOW OPEN!!**

**Psychiatry Review Course**

May 30 & 31, 2019

Hamilton Convention Centre, Hamilton

To view the itinerary or to register - [click here](#)

## Research News

### *Congratulations to:*

**Benicio Frey** (PI), along with co-investigators **James MacKillop**, **Luciano Minuzzi**, **Alex Dufort** (PGY3), and **Nirushi Kuhathasan** who received a one year grant of \$124,000 from CIHR and the Mental Health Commission of Canada for their project entitled, "*A proof-of-concept, double-blind, randomized, placebo-controlled trial evaluating the efficacy and safety of cannabis-infused MCT oil for treatment of insomnia.*"

**Margaret McKinnon** (PI) and her colleagues who received a \$50,000 grant, for one year, from the Department of National Defence (Defence Engagement Program) to study military sexual trauma in female military members and veterans of the Canadian Armed Forces. They will also be hosting a workshop on this topic at the upcoming annual meeting of the Canadian Institute of Military and Veterans Health Research (CIMVHR) Forum in Ottawa.

**David Streiner** who was a co-investigator on a PHI Foundation grant entitled, "*How can children with epilepsy adopt and maintain a healthy and active lifestyle?*", for \$138,000 over two years.



Have you registered for **Research Day** yet? **Deadline to register is April 15, 2019.** Registration form and other information can be found **here**.

## Education News

**Norman Education Research Day** - June 5, 2019, 8:00am-5:00pm, David Braley Health Sciences Centre. [Read more](#).

The Program for Faculty Development is pleased to offer a number of upcoming workshops. To learn more and/or to register, visit [Program for Faculty Development](#).

## Competency By Design UPDATE!

The Royal College Psychiatry Specialty Committee is scheduled to finalize the revised requirements for General Psychiatry training this spring!

Those revised requirements will apply to residents starting July 1, 2020.

To get ready, we hope to "soft launch" some aspects of the new requirements in the upcoming academic year. Small Group and Individual Sessions will be brought to those faculty asked to try out some CBME skills this year.

Stay tuned for **LARGE GROUP SESSIONS** and email [Newsflashes](#) to learn what you'll need to know to be ready for CBME.

Thank you for your investment in our learners!

**Questions???** Contact JoAnn Corey.

## Stay Connected



