



## Psychiatry Digest

February 8, 2021



This week is Resident and Fellows Appreciation Week and on behalf of us all I would like to both thank and applaud the fantastic way our general psychiatry, child, forensics, and geriatric psychiatry Residents and Fellows have responded over the last year. I will expand on this in another email today.

I am delighted to announce that four members of our department were successful in their promotion to the rank of Professor effective July 1st. They are **Suzanne Archie, Benicio Frey, Margaret McKinnon, and Zena Samaan** and congratulations to all 4.

**Mamta Gautam** gave us a terrific presentation at department rounds on January 27th on the "Resilience and wellness and thriving during and after the pandemic". If you missed her rounds, a copy of her slides can be found [here](#) and her recorded presentation can be found [here](#).

We also had a really helpful training session on Zoom led by **Rosemary Georges** from the Offord Centre last week. You can find her slides [here](#) and her presentation [here](#), passcode AKdH+X0 (she begins at the 11 minute mark) and is well worth watching.

Finally the "Staying Connected" section at the end of every Digest, will continue to add things of general interest, or that look at the lighter side of what we're dealing with, so do take a look. This week – Canadian Books with a mental health theme.

Nick

## Department News

### *Congratulations to...*



**Ellen Lipman** who has been reappointed as the Director of the Offord Centre for Child Studies for a one year term effective July 1st, 2021.



**Ram Mishra** on his reappointment as Co-Director, Integrated Biomedical Engineering and Health Sciences Program for a five year term effective July 1st, 2021.

**Yuri Alatishe** and everyone involved with the Forensics PGY6 Program, who have just received a truly outstanding report following their Internal Review last year.

A number of our faculty who were recipients of awards at **St. Joe's Medical Staff Association Annual General Meeting**. **Dave Fudge** received the Pedar Larsen Consultant of the Year Award for 2020 for excellence in consultation services. It is awarded annually by the Emergency Physicians of St. Joseph's Healthcare Hamilton to a consultant physician

deemed to best exemplify collegiality, medical expertise, professionalism and patient advocacy and was awarded for Dave's work in stabilizing PES. **Jordan Charlebois (PGY5)** received the Resident of the Year Award in Psychiatry and **Henry Bibr, Stephen Collins,** and **Michael Van Ameringen** were each acknowledged for 25 years of service at St. Joe's.

## Research News



Congratulations to **Laura Duncan** who received a 3-year \$50,000 Early Career Award from HHS for her project entitled, *"Taking a Population Health Approach to Improving Child and Youth Mental Health: Can It Work? Evaluation of a Prototype Child and Youth Mental Health Information System"*.

## Equity, Diversity and Inclusion

I am enclosing an article that was published by the Globe and Mail in January after a two and a half year investigation by Robyn Doolittle looking at the wage and power gap between men and women at Canadian institutions. It also reveals how and where men outnumber, outrank, and out earn women in Canada. Full article [here](#).

## From the Postgrad Office



In this week's Spotlight, we are pleased to introduce our PROW President, Pgy4 Resident:  
**Ryan Weist**



Ryan was raised in Sudbury in a bilingual family. Much of his youth was spent outdoors, playing team sports & idolizing Michael Jordan & Wayne Gretzky. His interest in science & athletics led him to study Kinesiology at Laurentian University, followed by an MSc. in Molecular Biology at McGill. He worked briefly in Toronto with a patient care program for insulin pumps, before studying medicine at NOSM.

Ryan's personal background & clinical/academic experiences at the WRC have affirmed his interest in practicing community psychiatry. He particularly enjoys working with transitional age youth & has interests in psychotherapeutic interventions, mindfulness, self-compassion & emotional wellbeing.

Outside of work Ryan helps his wife Kathleen chase after their son Levi & daughter Ivy. He enjoys getting outdoors, listening to NBA podcasts & consuming fantasy or crime related TV/film content.

Ryan is now in his second term as our WRC PROW President.

## Upcoming Events

**Albina Veltman** will be one of four panelists during the discussion of the film, "Cured", a documentary about the history of homosexuality in the DSM. The free live Q&A is taking place on **February 17th from 10:00-11:30pm EST (7:00-8:30pm PST)**, link [here](#), and you can view the free film anytime during February 11-18, but you need to register beforehand [here](#).

The Office of the Vice-Provost Faculty invites all faculty members to attend a workshop on, "McMaster: Understanding Academic Integrity" which is taking place on **Wednesday, February 10th from 10:30-11:30am** via Zoom. Registration is required and can be done [here](#). Read more about the Academic Integrity Policy [here](#).

## Education

This link will take you to a list of the wide array of programs that are being organized by the Program for Faculty Development and its affiliates over the next 4 months. Link [here](#).

## Media News

**Sophiya Benjamin** who was part of a group of colleagues that developed the Cognitive Screen Toolkit, published by the American Geriatric Society, for use by clinicians to better understand and select the appropriate screening tool to use with primary care patients. Read more [here](#).

**Jennifer McTaggart** who was featured in an article by the Hamilton Spectator entitled, "Some Hamilton students are 'thriving' with remote learning". Full article [here](#).

## Stay Connected

For those of you looking for some pandemic reading, the CBC has recently compiled a superb list of 15 Canadian books with mental health themes. The complete list can be found [here](#).



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The Department recognizes and acknowledges that it is located on the traditional territories of the Anishnabe and Haudenosaunee nations as part of the Upper Canada Treaty, and within the lands protected by the Dish With One Spoon Wampum Covenant.