

*From the desk of Nick Kates...*

Sadly, I want to begin this Digest by letting you know of the recent passing of two former members of our Department.



**Marcel Lemieux** who died on July 17th at the age of 90 was a member of our department from 1976 until his retirement in 1993. Marcel was the Medical Director of the former Hamilton Psychiatric Hospital (now St. Joseph's West 5<sup>th</sup>. Campus), and was also a former Director of the Forensic Program. To all of us who worked with him, Marcel was an enthusiastic, supportive and talented administrator and clinician and a dedicated mentor. During his time as Medical Director he was a strong advocate for the psychiatrists who worked there, while overseeing major changes and transitions, and he left his mark on everyone he worked with. Click [here](#) to view the obit or to sign the guestbook.



**Henry Moller** who passed away on June 3rd at the age of 50, came to McMaster to do his residency training in 1996. At the end of his residency in 2001 he returned to Toronto to take up a position at the University of Toronto. He was a caring physician and researcher, who dedicated his professional life to holistic patient wellness. Click [here](#) to view the obit or to sign the guestbook.

We also want to use the Digest to publicize COVID related articles by members of our Department so please continue to submit them to either me [nkates@mcmaster.ca](mailto:nkates@mcmaster.ca) or Joanne Milne [milnej@mcmaster.ca](mailto:milnej@mcmaster.ca)

*Nick*

**Upcoming Department Events - *Save the Date!***

**Department Rounds** will be restarting, virtually, on **Wednesday, September 9th, 9:00-10:00am** and our first speaker will be Saamil Dholakia from the University of Toronto. More information to follow.

Our first **Department Meeting** of the academic year will be taking place on **Wednesday, September 23rd from 9:00-10:00am**. More information to follow.



Our **3rd Annual Distinguished Alumni/Alumnus Rounds** will take place on **Wednesday, September 30th** and **Marty Anthony** will be this year's speaker. Marty came to Hamilton in 1998 and was the founding director of both the Anxiety Treatment and Research Clinic and the Psychology Residency Program at St. Joes. He left Mac to serve as department chair and graduate program director in the Psychology Department at Ryerson University, where he is now Director of the Anxiety Research and Treatment Lab, and he continues to hold a part time faculty appointment in our Department.

## Department News

### *Congratulations to...*

**Anne Niec**, associate member of our department, who received a 2020 PGME (Postgraduate Medical Education) Faculty Mentor Award.

And to **Flavio Kapczinski**, who is resuming his role as Director of the Neuroscience Graduate Program (MiNDS) on September 1st. Our thanks go to **Ryan Van Lieshout** for filling in so admirably over the last 4 months, and steering the program through the challenges posed by COVID-19.

### *Farewell to...*

Our St. Joes and HHS Psychology Residents who will be leaving us at the end of month. From St. Joes: **Nadia Al-Dajani, Aliza Friedman, Dylan Gatner, Kyrsten Grimes, Teresa Marin, Molly McCarthy, Kathryn Miller, Melissa Parlar, and Alina Protopopescu**. From HHS: **Sheliza Ali, Tiffany O'Connor, Jessica Dalley, Rebecca Shine, and Joanna Zambrzycka**. Best wishes and good luck to all of you in your future career plans.

## COVID News



**Gary Chaimowitz** has had a Position Statement published in the Canadian Journal of Psychiatry this month entitled, "*Psychiatrists in Times of Pandemic*". View the full statement [here](#).

**Emma Gregory**, PGY3, had her article entitled, "*Resident physicians' mental health during COVID-19: Advocating for supports during and post pandemic*", published in the August edition of the Canadian Medical Association Journal. Full article [here](#).

## Media News



**Harriet MacMillan** and **Melissa Kimber** were two of the three co-authors on an updated Position Paper, just published in the Canadian Journal of Psychiatry entitled, "*Recognizing and Responding to Intimate Partner Violence: An Update*". You can read the position paper [here](#).



[here](#).

The Program for Faculty Development recently posted an article on their website entitled, "*Promoting Belonging and Inclusivity: A Business Essential at McMaster's Psychiatry Department*" which was written by **Ana Hategan, Karen Saperson, Tara Riddell (PGY5), and Nick Kates**. Full article



**Magdalena Janus** took part in an VoiceEdCanada podcast on early childhood education entitled, "*Age 2-5 - A Unique Time for Learning*". Listen to the podcast [here](#).

## Resident News

### *Congratulations to...*

**Sarah Payne**, PGY6 geriatric subspecialty resident, and her husband Joe, who



recently welcomed a baby girl, Claire.

And to **Julia Kulikowski**, PGY4, who is the recipient of the 2020 Academy of Consultation-Liaison Psychiatry Trainee Travel Award, to attend the next in-person ACLP Annual Meeting.

## Education News

### *Admin office changes...*

Our Department's Education offices have undergone some admin changes. **Menika McKeegan** is our Education Team Lead and will be playing a major role in our Postgraduate program, CaRMS, and CBME rollout while also supporting our Associate Chair Education. She will also oversee our undergraduate, subspecialty, and clinical fellowship programs.

**Connie Boffa** will continue working with PTeR and supporting the Psychotherapy Program and its Co-Directors, Karen Rowa and Natasha Snelgrove, and will also provide admin support to our Postgraduate Academic Half Days working alongside with **Cheyenne Reid** and **Menika**.

### *Program for Faculty Development offerings...*

The Program for Faculty Development is offering a free virtual workshop entitled, *"Narrative Medicine Workshop for Black, Indigenous and People of Colour (BIPOC): Exploring our Experiences as Racialized Faculty"* to be held on Monday, September 14th from 7:00-9:00pm. Registration is free and is limited to 30 participants. To read more about this workshop or to register, please click [here](#).

To learn of other courses offered through the Program for Faculty Development office being run in conjunction with or partnered with Continuing Health Sciences Education or Health Leadership Academy, please visit the Faculty Development website [here](#).

## Research News

### *Congratulations to...*



**Soyeon Kim**, adjunct faculty member and **Jennifer Khoury**, post doc fellow under the mentorship of Andrea Gonzalez and Terry Bennett, who are recipients of SSHRC Insight Development Grants. Soyeon's research project is entitled, *"Screen time and social-emotional competence in early adolescence: can mindfulness play a role?"* and Jennifer's project is entitled, *"Elucidating the impact of child*

*maltreatment on key domains of child development: A series of systematic reviews and meta-analyses"*.



**Suzanne Archie** and **Gary Chaimowitz** both of whom are recipients of CARSTAR research awards from St. Joseph's Healthcare Foundation. Suzanne's project is entitled, *"Insight and Video Games about Marijuana and Psychosis"* and Gary's project is entitled, *" Genetic Markers of Impulsivity: A Study of Genetic Factors Contributing to Impulsive Behaviour in Schizophrenia"*.

**Margaret McKinnon** (PI) was awarded a Mobilizing Insights in Defence and Security (MINDS) Program grant to host an international symposium on The Impact of COVID-19 on Military Members and Veterans who Experienced Sexual Misconduct. **Ruth Lanius** is one of the

co-applicants.



**Jennifer Couturier** who received a \$100,000 grant from Mental Health Research Canada for her project studying a virtual parent led support group for parents of children and youth with eating disorders. The project is in collaboration with the Reach Out Centre for Kids in Burlington and with the National Initiative for Eating Disorders.



**Bethany Easterbrook**, PhD MiNDS student under Margaret McKinnon's supervision, who received the Frederick Banting and Charles Best Canada Graduate Scholarship Doctoral Award from the Canadian Institutes of Health Research. The \$105,000 award will support her research exploring moral injury in the Canadian Military.



## Stay Connected



The Department recognizes and acknowledges that it is located on the traditional territories of the Anishnabe and Haudenosaunee nations as part of the Upper Canada Treaty, and within the lands protected by the Dish With One Spoon Wampum Covenant.