



Ellen L. Lipman, BSc, MD, FRCP(C), MSc



HEALTH SCIENCES
Psychiatry & Behavioural
Neurosciences

Research Work

Dr. Lipman's main research interests are in the areas of single-parent families, teen mothers, disadvantaged children, group therapies, effectiveness studies, child and adolescent psychiatry, and epidemiology.

Current Research Projects Include:

- **Predictors of mentoring relationship quality: Investigation from the perspectives of youth and parent participants in Big Brothers Big Sisters of Canada one-to-one mentoring programs.**
This was a CIHR-sponsored national study evaluating the impact of participation in The Big Brothers Big Sisters (BBBS) Adult Mentoring Program to determine for whom and under what conditions community match programs achieve the greatest benefits. The study involved children and parents from 20 agencies across Canada, and examined how long match relationships must last, the optimal amount of weekly contact, types of shared activities, and styles of mentoring most conducive to positive change as well as the agency practices/procedures that contribute to successful matches.
- **Mental Health Problems Among Young Women.**
The objectives of this project were to: (i) examine the types and rates of mental health problems among teen mothers (<20 years old at the time of their first birth) in a community sample; and (ii) examine their use of mental health services, and document the barriers they experience in accessing those services.

Engagement Opportunities

Introductory Level

- None at this time

Intermediate Level

- None at this time

Advanced Level

- None at this time

If you are interested in learning more, please leave your contact information with the Research Office and/or contact Dr. Lipman at lipmane@mcmaster.ca