



## Nick Kates, MB, BS, FRCP(C), MCFP(hon)

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**HEALTH SCIENCES**  
Psychiatry & Behavioural  
Neurosciences

### Research Work

My major research focus is on the **relationship between mental health and primary care services**, and I am involved in a couple of projects in this regard, including looking at seniors with Mild Cognitive Impairment and their early detection and evidence informed treatment in primary care, and a proposal submitted for funding to look at the management of Bipolar Disorder in Primary Care and how Mental health Services can work.

I am also involved in a project looking at **mental health issues in student athletes**,

I am working on a book chapter with Jim Dunn on institutionalizations, urbanization and mental health. Opportunities for background research, writing and an authorship credit.

And any resident is also welcome to join me at any time in some of the **quality improvement** work with which I am involved.

### Engagement Opportunities

#### Introductory Level

- See below

#### Intermediate Level

- See below

#### Advanced Level

- See below

For all these projects a resident would have the opportunity to join project meetings, assist with literature reviews and data analysis, and participate in the preparation of academic papers. There may also be opportunities to get involved in data collection.

*If you are interested in learning more, please leave your contact information with the Research Office and/or contact Nick Kates (nkates@mcmaster.ca).*