



Bernice Downey, RN, BScN, MA, PhD



HEALTH SCIENCES
Psychiatry & Behavioural
Neurosciences

Research Work

My research interests include Indigenous health & well-being, health literacy, harmonization of health systems, Indigenous knowledge and Traditional Healing, mental health and cardiovascular disease (CVD). I currently Lead the Indigenous Health Initiative in the Faculty of Health Sciences at McMaster. I hold a Heart and Stroke Foundation, Research Chair, Indigenous Women's Heart and Brain health.

My current research projects include 'Understanding Indigenous perception of heart health; using photovoice to foster transformational outcomes in the development of culturally relevant approaches to cardiovascular care for Indigenous people', funded by the Canadian Institutes of Health Research (CIHR) Catalyst Grant, and 'Indigenous Women and Heart Health: Mending Broken Hearts' through the Heart & Stroke Foundation/ Canadian Institute of Health Research/ New Brunswick Health Research Foundation Chair Awards.

Engagement Opportunities

Introductory Level

- N/A

Intermediate Level

- N/A

Advanced Level

- N/A
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I am currently unable to formally supervise any resident engagement positions. I may be available as a resource for students focusing on Indigenous mental health and wellness.

If you are interested in learning more, please leave your contact information with the Research Office and/or contact Bernice Downey (downebe@mcmaster.ca).