28th ANNUAL
McMASTER PSYCHIATRY RESEARCH DAY

Theme: Prenatal Programming, Postnatal Possibilities
Hosted by: Drs. Andrea Gonzalez and Meir Steiner

8:00 – 8:30 Registration / Light Breakfast
8:30 – 8:45 Opening Remarks: Dr. Nick Kates, Department Chair
Welcome and Agenda Overview: Drs. Andrea Gonzalez and Meir Steiner
8:45 – 9:45 Keynote Speaker: Dr. Vivette Glover
Professor in Perinatal Psychology, Imperial College London and Honorary Senior Lecturer, Institute of Psychiatry, King’s College, London
"Why prenatal depression, anxiety and stress matters for the child, as well as the mother"
9:45 – 11:00 Poster Session and Refreshment Break
11:00 – 12:15 Vignettes from the Maternal Adversity Vulnerability and Neurodevelopment (MAVAN) Study:
Leslie Atkinson Professor, Director of the Stress and Wellbeing Institute, Ryerson University
"MAVAN Overview"
Alison Fleming Professor, Canada Research Chair in Behavioural Neurobiology & Genetics, University of Toronto
"Maternal Adversity, Genes, and Breastfeeding: a GXE analysis"
Robert Levitan Professor, Cameron Wilson Chair in Depression Research, Senior Scientist, Campbell Family Mental Health Research Institute, CAMH
"Novel gender differences in early eating behaviour and weight regulation: Implications for prevention of obesity and eating disorders"
Roberto Sassi Associate Professor, Psychiatry & Behavioural Neurosciences, McMaster University, Staff Psychiatrist, Mood Disorders Outpatient Program, SJH
"Your baby’s brain: how early adversity can shape neurodevelopment"
12:15 – 1:15 Luncheon
1:15 – 2:05 Debate: "Do we know enough about antidepressants in pregnancy to inform clinical care"
Dr. Tim Oberlander Senior Clinician Scientist, CFRI, R. Howard Webster, Professor, Brain Imaging and Early Child Development, Department of Pediatrics, University of British Columbia
Dr. Simone Vigod Scientist, Women’s College Research Institute, Staff Psychiatrist, Women’s College Hospital, Assistant Professor, Department of Psychiatry, University of Toronto
2:05 – 3:05 Learner Symposium / Poster Awards
3:05 – 3:15 Stegne Awards Presentation: Dr. Karen Saperson, Associate Chair, Education
3:15 – 3:30 Closing Remarks: Drs. Harriet MacMillan and Margaret McKinnon, Associate Research Chairs