For those who were unable to attend, we had an outstanding Education Day on December 6th with an excellent presentation from André Picard followed by a panel discussion. Thanks to André and also to Lesley Wellington, Laura Kennedy, Lisa Kennedy, Alina Brotea and Karen Saperson for all their work in organizing the day.

Our Holiday Reception, held the same evening, was very well attended as we thanked Emil Zamora, Richard Swinson, Bob Zipursky, Meir Steiner and Michael Boyle, who between them have 160 years of service to McMaster. Thanks to Joanne Milne and Diana Dunnell for their work in organizing the evening.

To view some pictures from the reception, visit photos from holiday reception

And you can still donate to the Psychiatry Elves - psychiatry elves

**Nick Kates**

**Important Dates:**

January 17th, 2018
Department Meeting
9:00-10:00am
Lower Auditorium
St. Joes-West 5th

May 2nd, 2018
30th Annual McMaster Psychiatry Research Day at Mohawk College

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**Welcome** to the following part time faculty who recently joined the department:

Elmar Gardizi, Assistant Clinical Professor working in the Cleghorn Program

Katherine McKay, Assistant Clinical Professor (Adjunct) at Waypoint - Sans Souci Program

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(l-r) Richard, Meir, Emil, Bob, Michael
Gbolahan Odejayi, Assistant Clinical Professor with the Hamilton Schizophrenia Service
Michal Sapieha, Assistant Clinical Professor (Adjunct) working at Homewood Health Centre
Oghoteru Tachere, Assistant Clinical Professor (Adjunct) working at the Waterloo Regional Campus
Azadeh Zangeneh, Assistant Clinical Professor working in the Anxiety Clinic and Mood Disorders Program at St. Joes

Congratulations

Ryan Van Lieshout who received an operating grant from CIHR's Maternal, Reproductive, Child & Youth Health competition entitled, "Early Neurodevelopment in the Offspring of Women Enrolled in a Randomized Controlled Trial Assessing the Effectiveness of a Nutrition+Exercise Intervention for Healthy Gestational Weight Gain".

Bianca Wollenhaupt de Aguiar, postdoctoral research fellow working with Flavio Kapczinski, is the recipient of the Basmajian Award for Excellence in Post Doctoral Research Work from the School of Graduate Studies. This award is given annually to recognize post doctoral fellows at McMaster who have made meritorious contributions in research during their training.

In the Media:

Jeff Ennis' use of hypnosis to control chronic pain was reported by The Record and Toronto Star.

Jennifer Couturier had her paper, "Family-Based Treatment for Anorexia Requires Expertise, Family Buy-In" highlighted in the Psychiatry Advisor.

Jane Foster was recently interviewed for an article about microbiome enhancement via faecal transplant Read full article.

Jean Clinton presented to the District School Board North East teachers reminding them that they are human developers and that compassion is key. Read more: Timmins Today and CTV Northern Ontario

Upcoming Events:

January 17th, 2018 - Our Winter Department Meeting - when we will be outlining details of our goals and priorities for 2018 as well as providing an update on Competency By Design.

Research News

The Research Office and the Research Advisory Committee are excited to once again announce the Research Staff Recognition Award which provides an annual opportunity for recognition of research staff in the Department. This Award is intended to recognize research staff who consistently contribute to the research success of their affiliated programs, including providing outstanding service; fostering innovation; taking
initiative; and creating a positive influence and rapport in the workplace. The Award competition consists of a single application process for eligible personnel. To be considered, candidates must be nominated by a faculty member in Department of Psychiatry & Behavioural Neurosciences. The successful recipient will be announced on Research Day – May 2nd, 2018. More details.

If you're interested in joining the working group in the Peter Boris Centre for Addictions Research on research and clinical applications of non-invasive neuromodulation technologies, please contact Michael Amlung or to learn about this working group, read more.

Education News

Are you a new faculty member to the Department? If so, Peer Observation is now a mandatory requirement for anyone wishing to go forward for promotion. Read more Peer Observation.

The Program for Faculty Development at the Faculty for Health Sciences is pleased to celebrate its 30th anniversary with a compendium of the 2017 Annual Day for Faculty Development. Read more.

CALL FOR APPLICATIONS - Applications are being received for a Program Director for the MD/PhD Program at McMaster University. Applicants must be McMaster faculty and active physician researcher within the Faculty of Health Sciences that supervises graduate students. Application deadline is January 8th, 2018. Read more.

50 Years of History Photobook

This commemorative album provides a snapshot of 50 years in the life of our Department and of our 50th Anniversary Celebrations in June 2017.

This book includes pictures across the decades of residents, faculty, staff, administration, various departments, events ... candid, memorable, funny, nostalgic pictures. You will enjoy looking at some of the moments we have captured all in one book!

We hope that the photos will bring back memories of the people who helped us get to where we are today and the friendships you established and remind you of how your contribution helped to shape our history.

ORDER YOUR BOOK TODAY!!

If you wish to contribute to a future Newsletter (e.g. announcements, achievements, etc), please forward it to Joanne Milne.

McMaster University

Department of Psychiatry and Behavioural Neurosciences

Contact Us