**Psychiatry Department Rounds**  
**Schedule for October 2016**  
ST. JOSEPH’S HEALTHCARE - WEST 5TH CAMPUS  
LOWER AUDITORIUM, ENTRANCE LEVEL B1  
EVERY WEDNESDAY: 9:00 - 10:00 A.M.  
VIDEOCONFERENCE TO MILLER AUDITORIUM - CHARLTON SITE

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**Wednesday, November 2, 2016**

Ken Burgess  
*Title: “Neuroscience of Mindfulness”*

**Presentation Description:**  
Information about the function of the mind-body has exploded in the 21st century with the advent of functional MRI imaging and other real time imaging techniques. Mindfulness is a human practice which dates back 2500 years is finally being recognized for its important potential role in health and disease. How does it work? What do mindfulness practices offer to our patients?

**Learning Objectives:**  
- Become aware of the latest in the neuroscience of mindfulness.  
- Become aware of local resources for patients and the public at large.  
- Consider the benefits of a personal mindfulness practice

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**Wednesday, November 9, 2016**

Jennifer Brasch & Ian Dawe  
*Title: “Be it Resolved that St.Joseph’s Healthcare Should Implement ZeroSuicide Immediately”*

We will be using “Turning Technologies – Interactive Polling”  
PARTICIPANTS: http://turningtech.info/  
Access our online store, register devices and visit TurningTech.info to download custom registration instructions.

LEARN MORE: https://www.turningtechnologies.com/support  
For more information regarding our suite of solutions, visit TurningTechnologies.com for support and training materials.
Presentation Description:
Dr. Dawe will be arguing in favour of this motion and Dr. Brasch will be arguing against. ZeroSuicide is a quality improvement initiative to support systems of care to reduce the rate of suicide in the patients of a hospital. Would it be good for St. Joe’s? Come listen to the debate and judge for yourself.

Learning objectives:
- Describe ZeroSuicide
- List benefits of implementing ZeroSuicide
- List barriers and problems with implementing ZeroSuicide

Wednesday, November 16th, 2016

Jessica Waserman, Geriatric Psychiatry
Title: “Mild Cognitive Impairment”

Presentation Description: TBA
Learning Objectives: TBA

Wednesday, November 23, 2016

Stelios Georgiades
Title: “Longitudinal Research in Autism: Introducing the Concept of Chronogeneity”

Presentation Description:
Autism is a heterogeneous neurodevelopmental disorder and as a result its scientific study requires conceptual frameworks and methodological approaches capable of capturing the notable variability seen across the spectrum, across symptom domains, and over time. In this presentation I introduce the concept of Chronogeneity, a term my colleagues and I have coined to encourage the study of longitudinal heterogeneity in autism and other neurodevelopmental disorders.

Learning objectives:
- Establish that autism is a heterogeneous disorder
- Discuss how we can study disorder heterogeneity
- Introduce concept of “chronogeneity” for longitudinal research
Wednesday, November 30, 2016

*EDUCATION DAY*

Brian Hodges,
Executive Vice President Education,
University Health Network (UHN)

Title: “Without Compassion There is no Healthcare”

Presentation Description:
Overview of the importance and challenges of sustaining compassionate care.

Learning objectives:
- Explore challenges of sustaining compassionate care
- Learn about AMS Phoenix Project
- Consider factors that lead to burnout

To take the shuttle for any of these presentations it is best to use the Charlton/West 5th shuttle which runs on a continuous 30 minute loop between sites running from 530am to 730pm. This shuttle picks up and drops off in the small parking lot outside the cafeteria level entrance at the Charlton and outside the outpatient entrance at West 5th